

Service & Action Reflection Form

(Choose 1 activity from your Ammons Service Log to reflect on in this page)

Student Name: _____ Grade: _____

Date of Activity: _____ Title of Activity: _____

Was this a community or service activity? (circle one) community service

Explain your reason for choosing this activity: _____

Rate your overall performance	1 = poor			4 = excellent
	1	2	3	4
I was punctual				
I completed my work/task on time				
I was reliable				
I assumed responsibilities				
I used my time effectively				
I listened to and encouraged others				
I had fun				

Reflection: Use these questions to reflect on your experience

What tasks or jobs did this project involve? What aspects of this project suited you?

What did you do well? What could you have done better?

What did you like best about this project?

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What classroom work or skills learned linked to this activity?

What did you learn about yourself from this activity?

What personal benefit did you receive from this project?

What did you learn about your community from this project?

How did this activity help you to better understand your community?

What similar kinds of activities could you engage in to help others?

Based on what you have learned, design a project that you could implement in the future that would benefit your community. Identify what specific community it would benefit and how it would benefit them.