



Herbert A. Ammons Middle School

An International Baccalaureate Middle Years Programme World School



Service & Action Reflection Form

Action is learning by doing and experiencing. Service is part of action, and it is where IB learners strive to be caring members of the local and global community, by demonstrating personal commitment to services that make a difference to the lives of others and the environment. Action will be different from student to student and from context to context. It will allow and teach the students to feel empathy towards others, make small scale changes to behavior, take physical action, and to have an opportunity to persuade people in more influential positions to act.

Name: _____ Grade: _____ Total hours: _____

Date of Activity _____ Title of activity _____

Location of Activity (circle one): In School Out of School

What type of service activity (circle one): Service-Learning Community

“Community” service is the engagement of individuals or groups in an organized activity that contributes to the local, national or world community. It is also known as volunteering. Service Learning involves almost any helping activity.

1. What service learning or community service did you perform, or you participate in?

2. What was your reason for choosing this activity?

3. How did you participate in this activity (what EXACTLY did you do)?

4. What did you find most enjoyable?

5. Specify and explain one or more IB Learner Profile attribute that you demonstrated during the activity?

6. What challenges did you face during the activity and how were you able to overcome or solve the challenges?

7. What do you think is the importance of this service as action activity?

8. What did you learn about yourself from this activity?

9. How did this activity help you address a global issue, either locally, nationally, or internationally?

10. What was the “learning outcome” of your service-learning participation? *Choose no more than 2 outcomes

- Become more aware of your strengths and areas for growth
- Undertake a new challenge that developed a new skill
- Discuss, evaluate, and plan an activity
- Persevere in action
- Work collaboratively with others
- Develop international mindedness through global engagement, multilingualism and/or cultural understanding
- Consider the ethical implications of your action